**Topic:** Plastic surgery should be only for those who really need it**.  
Specific Purpose:** To persuade my audience that cosmetic / plastic surgery is not something that one should think of doing recreationally.  
**Thesis statement:** With the world becoming very much opted towards outside beauty, even surgeries that were made specifically for the truly disabled are being used recreationally, cosmetic surgery is such an example. We should consider our choices before making the decision.

**A. INTRODUCTION**

**1. Attention-Getter:** Do you think it’s just a simple surgery that puts some plastic and other synthetic elements inside your skin to make you look pretty and allow you to have more friends? Wrong! Plastic surgery is the new moral dilemma and whether it should be allowed without reason is something to ponder on.

**2. Tie to the Audience / Listener Relevance Link:** Maybe the girl you make fun of next time could think of doing this, or maybe you will be pushed by the negativity around you to do this. Someone who you believed to have been happy, could potentially take this decision without much thought, since it has been done to many fond actresses,

**3. Credibility:** Good morning everyone, I am Townim Faisal and I am here to tell you my viewpoints.

**4. Thesis and Preview:** With the world becoming more and more directed to technology and other body marketing strategies – it is often an issue to think whether plastic surgery should be for beauty as well. Thus I am here to tell you why I am against the recreational use of plastic surgery and why people should only use it when they really need it. At first, I would like to talk about the counter-effects of plastic surgery and then talk about the physical damage plastic surgery may bring.

**Transition :** *“Thus let us learn why doing plastic surgery may bring more social harm than good…”*

**II. BODY of the Speech**

**A. Plastic Surgery, in the most basic introduction, can cause people to detest or even question the confidence of the one who did it.**

1) Plastic surgery is a very sensitive issue – and when it comes to people who have gone through events such as acid burns or other life debilitating diseases, this method came off as a blessing. But to the ones that have committed their bodies to this to make themselves prettier, it does not always work that way! In fact people may even have nasty things to say, such as the common term – “Plastic”.

2) There are many examples that one can think of in these regards:

i) Karl Lagerfeld, a famous fashion icon for example, had stated that "Nothing makes you look older than attempting to look young,” referring to the practice. (Sydney Morning Herald)

ii) Nicole Kidman and Jennifer Hawkins as an example have also come under fire for their use of cosmetic surgery such as Botox. (Sydney Morning Herald)

3) If you do not consider yourself beautiful and think that some miracle surgery is going to do that for you – you are going to be wrong in more ways than one, instead of building your confidence, you may break it!

**Transition***: Now let us focus on the medical side of things…*

**B. It does not always meet expectations, and if not done under a specialist – there are going to be mistakes, some irretrievable and some fatal.**

1) Plastic surgery is a very advanced side of surgery and for something with that much complexity there is going to be mistakes. These mistakes can be the destruction of not only the patient but others around him / her too.

2) There are a plethora of such mistakes:

i) For instance, a daughter to Dominican immigrants Sharilene Cedeño was a 23 year old who had lost her life to plastic surgery complications. (The Guardian)

ii) In 2014, Rachel Hutchinson had died due to fluid buildup following a botched plastic surgery. (The Guardian)

3) Have you ever made a mistake with a tattoo? Think about how embarrassing it may be to show your friends the distorted face of your lover. Plastic surgery is something like this, but worse, it might even kill you!

**C. (CON) The greatest argument against the topic is – the statistics of danger are low and it boosts personal confidence.**

In a sense it is true because it was made for that sole reason. However what are your chances that you aren’t going to live forever with a deformed shape? I want you guys to think clearly and say – does something that you have been born need to be changed? It may be that some people around you are going to be negative about you – but instead of body positivity isn’t mental positivity even stronger? In that case, I would suggest people to go talk to their loved ones, their family members or if unprivileged, with the man in the mirror about whether this change will truly give you a new definition.

**C. CONCLUSION**

**1. Transition:** As we have seen so far, plastic surgery is something that might not only harm your outer appearance if not taken care of properly, but it might even bring an effect on the micro-society that you live around.

**2. Summary:** In the beginning I have stressed on the importance of understanding that trying to change one’s outer features may have more mental stress than actually resolving it and the medical mishaps that take place is numerous and even fatal and it is true that it is may bring change – but consider the situation and the statistics beforehand.

**3. Tie Back to the Audience:** Maybe one day one of your siblings or your best friends would come to you and in a very silent manner ask you that he / she wants to change her face – be someone, something that other people would accept. Would it not be better to explain why changing the mindset is more important than changing the appearance?

**4. Conclusion:** So in short, I want you guys to think and then make a decision before allowing anyone or even yourselves go to the closest surgeon, there are others who are in much dire condition. Would it not be like buying a wheel chair while being able to run?